C.V.

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Date of Birth: 1967

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Academic Records:

- 2004- 2008. PhD Nursing (with gerontological approach) from Iran University of Medical Sciences, Tehran.

- 2003: certified from Iran Ministry of Health and Medical Education in: Gerontological and Geriatric Nursing Training Program.

-2003: certified from Iran Ministry of Health and Medical Education in: Rehabilitation Nursing Training Program.

- 2000: Certified from New York University in Geriatric Psychology Training Joint Program.

- 1991-1993: MS in Medical – Surgical Nursing Education from Medical Sciences University of Kerman – IRAN.

- 1986-1990: BSc in general nursing from Medical Sciences University of Shahid-Beheshti, Tehran – IRAN.

Professional training:

Some of them are:

1997- A three -days workshop on Principals of Nursing Records ",In Tarbiat Moddares University, Iran.

1998 –A tow -days workshop on "FGD as a qualitative research method " in USWR.

1999-A tow -days workshop on Advanced quantitative research methodology in English

2001- A tow -days workshop on "CQI in Education, in USWR.

2002 – A five -days workshop on "Content Analysis as a Qualitative Research Method",in USWR.

2003- A three- days workshop on "Neurorehabilitation "in USWR.



2003 –A four-day workshop on "Advanced Quantitative Research Methodology" in Iranian Research Center on Aging (IRCA).

2006- A one- day workshop on "virtual education "in USWR.

2007-A 2-days workshop on "article criticizing " in USWR

2007- A7-days work shop on "advanced research methods " in USWR

2007- A 3 -days work shop on " references managing " in USWR

2007- A 4-months course on "scientific writing in English" in USWR

2008 -A 3-days workshop on "evidence based researches" in USWR

2008-Tow 2-days workshop on "systematic review "in USWR

2008-A 2 -days work shop on "reference managing by End note program" in IUMS

***There are more than 10 workshops and training programs that were designed and conducted by me . Some of them are:

1998- A one day workshop on "nurse and patient communication "in Ministry of Health, Iran .

2000- A tow -day's workshop on" Define Nursing Research Properties "in USWR.

2001- A three- days workshop on" Principals of Home Care Services "in USWR.

2002 - A tow- days workshop on "Quality of Life Improvement for Disabled Persons ",USWR .

2002 - A tow -days workshop on Active Aging in Iran University of Medical Sciences.

*2003 - A tree-months training program on " Gerontological Nursing ",in USWR.

*2004- A tree-months training program on "Rehabilitation Nursing ",in USWR.

*2005-A six-months continuous educational program on "Gerontological and Geriatric Issues in IRAN "for general physicians in USWR.

2006-- A tow- days workshop on" Healthy Aging "in Iran University of Medical Sciences.

2007 –A 3-days work shop on "qualitative research in health sciences " joint program of USWR and Karolinska institute.

2008- A 2-days work shop on "social determinants of health" in USWR, research center on SDH.

work synopsis :

2008 to date: member of research center on SDH (SOCIAL DETERMINANT OF HEALTH)

2002 to 2004: head of Nursing Department of USWR.

2002 to 2004: head of Geriatric and Gerontological Nursing Training Program in nursing department of USWR.

2002 to date: member of Committee of Post Graduate Degree in Educational Department in USWR.

2000 to date: member of Research and Educational committee of Iranian Research Center on Aging (IRCA).

2000-2002: assistant of dean of nursing department of USWR.

1994-2000: educational administer in Razi psychiatric and mental health center in Tehran/IRAN.

1993 to date: faculty member of nursing department of USWR.

<u>Publication :(published in Persian)</u>

Book:

Farahnaz Mohammadi. Theoretical Bases in Rehabilitation Nursing, Social Welfare and Rehabilitation Sciences University press, and 2006.

Articles:

- Mohammadi F, Dr. Abbaszade A. Hope and coping effectiveness in patient with cancer .journal of Islamic university, Tehran, 1994, 1(4):26-30.
- Mohammadi F, Taherian A and Hoseini M .Effect of home based cardiac rehabilitation on quality of life in post MI patients. Journal of rehabilitation sciences; 2006.7(3):11-20.
- Mohammadi F. study of caregivers self efficacy and caregiving strain among family caregivers of patients with Alzheimer .Journal of aging; 2006.1(1):26-34.
- Yeganekhah M,Mohammadi F,Khanke H. The effect of SSBM massages therapy on anxiety among senior citizens. Journal of rehabilitation 2006. 8(3):80.
- Yeganekhah M,Mohammadi F,Khanke H. The effect of SSBM massages therapy on blood pressure among senior citizens. Iran nursing research journal.(in press)
- Mohammadi F, Dabbaghi F, Nikravesh M. facilitating and hindering factors in Iranian family caregiving process. Iran nursing research journal. 2009.55 (13):?.
- Mohammadi F, Dabbaghi F, Nikravesh M. facilitating and hindering factors in Iranian female family caregivers experiences. Journal of aging .2008 winter. 2(6):462.
- Mohammadi F, Taherian A and Hoseini M. Effect of health education and home based follow up on health related behavior among patients with MI. journal of Pajoohesh Parastari Iran.2007.2(4,5):66.

In English:

Mmohammadi &. Kaldi A.R. Self-efficacy and caregiver strain in Alzheimer's Caregivers in the City of Tehran. Middle East Journal of Age and Aging; 2006.3(3).

Paper presented in conferences:

I have presented and published 40 articles in different scopes of practical and educational rehabilitation nursing that all of them presented in IRAN and published in conference books(1994 to date) and one of them presented in BELGIUM (2001).

research interest and activities

I conducted 6 research studies about:

- 1-Hope and coping effectiveness of patient with cancer, 1992
- 2-psychosocial need of family caregivers in cardiac patient, 1998
- 3- Effective factors of team working in psychiatric ward, 1998
- 4- Job strains and coping effectiveness in female nurses, 2001
- 5-fall risk factor in Iranian elderly people, 2001
- 6-evaluation of recording of nursing diagnosis in children with chronic psychiatric disease, 2003
- 7-self efficacy and caregiving strain in Iranian Alzheimer caregivers, 2006.
- 8- Self efficacy in rehabilitation sciences students in Tehran (to be continued) 2007-2008.
- 9- Effectiveness of support group on spiritual wellbeing and caregiving strain on Alzheimer caregivers .2006-2008.
- 10 Comparative study of health needs capabilities and health problem of Iranian and Sweden senior citizens 2003-2008.
- 11- Family caregiving process on Iranian frail elderly: theory generation study.2005-2008.
- 12- Generating model of "Iranian frail elderly family caregivers empowerment ".2005-2008

*****Theses Supervision:

- Hessam zade.A. Comparative study of quality of life of Tehranian elderly residence at home and nursing home, 2001.
- Farahani, A. effect of therapeutic touch on status of sleep in infants, 2002.
- Taherian, A. effect of home based cardiac rehabilitation on quality of life in post –MI patients, 2005.
- Yegane, M. effect of SSBM on blood pressure and anxiety of elderly residence in nursing homes 2007.
- Kafami, F. effect of self care management program among patients with MS.

current research project :

- Self efficacy in rehabilitation sciences students (at BSc degree) in Tehran.
- Effectiveness of support group in spiritual wellbeing and caregiving strain on Alzheimer caregivers.
- Study on relative factors on community participation in health improvement based on community participatory research .

Membership of professional association:

2003 to date - member of the Iranian Alzheimer Association.

2000 to date – member of the Iranian Research Center on Aging (IRCA)

2007 to date member of Iranian Nursing Scientific Association

2008-to date member of research center on SDH.

Awards and Honours

2002 –Elected as prominent lecturer and faculty member of nursing schools in Iran.

2002 –the first number student in PhD Nursing National Entrance Exam (as Talented Student).

References

Dr. Sadat Seid Bagher Maddah: PhD Nursing, Head of Iranian Nursing Board